

Heart of Rest

Mark 6:7-13, 30-32, 45-46

Pastor Kwan Park

1. Cultivating a heart of _____
 - a. Busyness and _____
 - i. Statistics of restlessness
 - b. Reasons for _____
 - c. Effects of _____
2. The church's response
 - a. You are not as _____ as you think you are
 - b. Replace your busyness with God's _____
3. Mark 6 walkthrough
 - a. _____ of the disciples - Mark 6:7-13
 - b. _____ of the disciples - Mark 6:30-32
 - c. Jesus' _____
4. Cultivating Jesus' _____
 - a. "Come away" - practice _____
 - b. "A deserted place" - silence and _____
 - c. All by yourselves - _____
 - d. Rest a while." - _____ down

Discussion Questions

1. As you examine your life, do you feel a dryness or a thirst for something deeper?
2. What is something God can do to draw you more into His lifestyle?

Notes

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